

Be a super WESTIE through kindness!

Being kind helps you to **get along with others**.

Speaking nicely and using encouraging words helps you to **make friends**.

Taking turns and not being too bossy helps you to **work well in groups**.

Being kind helps to make **people like you**.

Ways you can be kind at school:

- Speak to someone who seems unhappy
- Help your classmates with their school work
- Eat healthy food (be kind to your body)
- Speak nicely to everyone
- Say nice things to people
- Listen carefully to what others think and want to do
- Sort out your problems without fighting
- Be helpful to family, friends and teachers
- Care about nature and living things
- Return property to others
- Share things with everyone
- Make sure everyone has a turn
- Choose to behave well
- Choose to behave wellType to enter text

